# Endometriosis and the workplace: Lessons from Australia's response to COVID-19 Armour M, Ciccia D, Stoikos C, Wardle J.Aust N Z J Obstet Gynaecol. 2021 Nov 22. doi: 10.1111/ajo.13458. Online ahead of print.PMID: 34811735

## Abstract

Endometriosis is known to impact work productivity. The COVID-19 pandemic resulted in a shift in working practices for many, with an increase in working from home and/or flexible working hours. The aim of this online cross-sectional study was to determine if these changes resulted in changes in symptom management and productivity in Australian people with endometriosis. Three hundred and eighty-nine people responded to the survey. The majority of respondents found that their endometriosis symptoms were much easier to manage, and they were more productive. A key factor was flexibility in work hours and the increased ability to self-manage their time.

**Keywords:**covid; disability; endometriosis; productivity; workplace.